

# Process – Purpose – Passion: Introduction to Abstract Painting with Oil & Cold Wax

## Supply List

### Required Supplies:

- **Painting panels 6 – 8** (more if you tend to work fast)
  - 12" x 12" is a good size for the class –in this workshop you will work at your own pace - if you tend to work rapidly you may want to have a few extra or to bring slightly larger panels to work on, but nothing larger than 16" x 20". Remember you will need to transport these home and they will not be totally dry at the end of our class. Panel depths are available in flat (1/8") or 3/4", 1.5", and 2"
  - Recommended panels: Gessobord by Ampersand or Blick's similar panels available through Dick Blick and other vendors.
  - Do Not purchase or bring Canvas Paper Pads, stretched Canvas panels, or canvas covered board
- **Arches Oil Paper** - at least one pad either 9" x 12" or 16" x 20"
  - Arches oil paper good for those traveling by air, also for workshops; multiple studies/experiments
- **Newsprint** – pad form 18" x 24" or smaller
- **4" soft rubber brayer** (speedball is best and most durable) (soft not hard rubber)
- **Palette knives** (1 or 2) trowel blade type
- **Squeegee or wide blade Color Shaper** (pieces of cardboard or mat board also work)
- **Brushes** – just a few: old splayed or stiff one are fine
- **Heavy duty paper towels** (Home Depot or other) or clean, cotton rags
- **Paper Palette** - Roll of Freezer Paper (grocery store) is a good inexpensive one
- **Roll of wax paper** – for layering and transporting panels home, also for texturing
- **Oil paints** – a basic set and/or some of your favorite colours
- **Oil paint sticks** (2 or 3) not oil pastels ..... also called Oilbars, R&F pigment sticks, oil sticks, Paintstik
- **Cold wax medium (Dorlands or Gamblin) 16oz**
- **Odorless turpentine/mineral spirits (Gamsol or Turpenoid) 16oz**
- ....for those flying, contact Susan Ettl at [ettlsusan@gmail.com](mailto:ettlsusan@gmail.com) to order wax & solvent

- **Clean, empty tin can** for solvent (tuna, or cat food tin is perfect size)
- **Protective hand cream or gloves**
- **Painter's tape** (removable blue wide enough to cover the edges of your panels) – on the 2" deep panels you can use either a 2" or 3" tape. It is also used with the arches oil paper.

**Optional Supplies:**

- Dry pigments, Sand (clean), powdered marble (Blick)
- Small whisk broom (straw type from hardware store), small pieces of mat board, sponges, dish scrubber, anything that you think might make interesting texture
- Metallic paints: in any form - dry pigments &/or paint sticks, tube paint

Any questions contact me at 952-210-6031 or [jescherbarth@comcast.net](mailto:jescherbarth@comcast.net)

I look forward to sharing & collaborating with you in our workshop!